



3 Angels Nepal

Street No.7 Sandesh marga, Pokhara 33700, Nepal

40 Years of Impact: Dr. Rajendra's Story

It has been over **40 years since Dr. Rajendra Gautam was first sponsored by the Christian charity Asian Aid**, a partnership that changed the course of his life. As an eight-year-old orphan in Nepal, that support gave him education, guidance, and hope — laying the foundation for a life dedicated to serving others. Those early experiences shaped not only his education but also his heart, inspiring a calling to help vulnerable children and women in his homeland.

A pivotal figure in that journey has been **Helen Eager**, one of the original founders of Asian Aid and known affectionately as “*Mummy Eager*” to thousands of Asian Aid–sponsored children. She knew Rajendra from his boyhood, saw the impact of his early support, and was deeply supportive of his work as it grew into what is now 3 Angels Nepal. Helen advocated for a partnership between Asian Aid and 3 Angels Nepal, encouraging sponsorship for the school and children’s homes that became part of the organisation’s heart and impact. She dedicated many months each year living in Nepal, working directly with children in need, and becoming a beloved mentor and supporter within the community.

Over the decades, Dr. Rajendra’s calling became reality with the founding of **3 Angels Nepal**, an organisation committed to combating human trafficking, providing safe homes, and empowering women and children through education and community programs. Under his leadership, the organisation has grown steadily, carrying forward the same values of care, mentorship, and opportunity that Asian Aid first gave him and that Helen Eager helped sustain.

Dr. Rajendra’s journey from an Asian Aid sponsored child to the CEO of 3 Angels Nepal — with the support of advocates like Helen Eager — is a powerful reminder of how a single act of support can create lasting change. Many of the staff working alongside him were once sponsored children themselves, now contributing to the mission that began over 40 years ago.

Forty years later, his vision remains as clear and steadfast as ever: to ensure that every child and woman touched by 3 Angels Nepal is valued, protected, and empowered to thrive. His story shows that care, mentorship, and opportunity can transform lives and build hope that lasts for generations.